



Caring for our souls:

‘The soul is like a wild animal-
tough, resilient and shy...’

Parker Palmer

You are invited to spend a few days caring for your soul by contemplating poetry and scripture. There will be space for reading poetry and for writing your own in the peace and tranquility of the Bield grounds and facilities.



Our Facilitator



Liz Crumlish is a priest in the Scottish Episcopal Church, a tutor in reflective practice, pastoral supervisor and educator at the Scottish Episcopal Institute. She has contributed to volumes published by Wild Goose and Saint Andrew Press and regularly teaches and leads retreats.

Booking information

Cost : £350 workshop and full board

Please book through reception at:
Info@bieldatablackruthven.org.uk

or

01738 583 238

After booking, please pay cost in full.

Cheques & BACS are payable to:

The Bield Christian Company Ltd

Sort Code: 83-47-00

A/C 1990 3180

Please include surname as reference

Card payments can be made
over the phone.



The Bield at Blackruthven

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Scottish Charity SC 027462



The Bield at Blackruthven

Soul Care Poetry



25th – 27th February 2026

10:00 Wednesday to 16:00 Friday

Facilitated by Liz Crumlish

'Amongst other things, Liz is a Scottish poet known for her reflective, emotionally resonant poetry that explores themes of faith, spirituality, and the human experience...'

- Testimonial from Graeme, Scotland