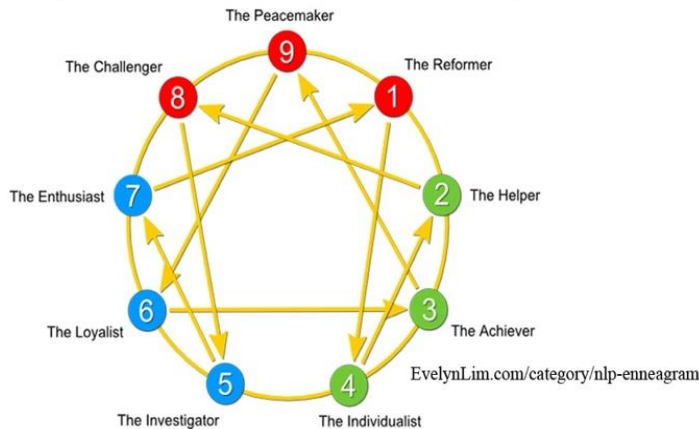




THE ENNEAGRAM PERSONALITY PROFILE



5th October 2024

10am – 4:30pm

Robin Anker-Petersen & Ros Borland

Includes lunch and hot drinks

Wrote Aldous Huxley

Based on ancient philosophic traditions, the Enneagram is a tool that describes nine different characters. This will help you understand the personality types of yourself and others.

About the workshop

The Purpose – of the workshop is to work within the context of personal growth. It will help you discover your personality type and understand your motivations and avoidances in a deeper way.



A 3D white figure stands with arms outstretched. Three blue callouts are connected to the figure: a heart shape on the left labeled 'HEART', a thought bubble above the head labeled 'HEAD', and a rectangular box on the right labeled 'GUT'.

What happens? – We will be introducing the basic structure of the Enneagram and how that can help you in your professional and

personal lives. Referring to the three Centres (Head, Heart and Gut) we will outline the 9 personality types that will lead you to gain more insight into yourself and others. The Wings on either side of your personality type influence your type and the direction of the arrows help you move from being stressed to being relaxed and healthy.

What kind of group? – the group work includes working alone and with others to discern what type you may be in the Enneagram.

What is the Enneagram? – It is a rich map to personal development by the study of the nine basic types of people.

We will be running a follow-up day -

Going Deeper with the Enneagram

23rd March, 7th September and 2nd

November 2024

10am-4.30pm

(same content all days)

A little info about the facilitators:

Ros Borland worked in film production for many years, moving up the ranks from runner to producer. She is now a playwright and screenwriter who uses the Enneagram for her character development.

Robin Anker- Petersen has worked with the Enneagram since the 1980s, using it in pastoral work to understand and help people as well as teaching it in the context of our Enneagram community here at The Bield. I am really looking forward to our days in 2024 introducing and consolidating understanding of the Enneagram.



The Bield at Blackruthven

Please book through Muriel at:

info@bieldatablackruthven.org.uk
or 01738 583 238

After booking, please pay the cost in full

**The Bield at Blackruthven,
Tibbermore, Perth PH1 1PY**

*See web site for Cancellation Policy
Card payments can be made on the phone.*

Cheques & BACS are Payable to:

The Bield Christian Company Ltd.

Sort Code 83-47-00 A/C 00100095

*Please include **Surname** or **Group Name***

www.bieldatablackruthven.org.uk

