"To see ourselves as others see us is a most salutary gift." Wrote Aldous Huxley

"Hardly less important is the capacity to see others as they see themselves

To know ourselves is a key to how we see the world and understand how we can relate to others. Based on ancient philosophic traditions, the Enneagram is a tool that describes nine different characters.

About the workshop

The Purpose – of the workshop is to work within the context of personal growth. Having done the initial Enneagram groundwork and gone deeper, in this next workshop we seek to explore spiritual growth via upstream and downstream exercises. We then will be studying the concept of the Soul Child and delve into deeper waters of what we most judge.

"Know yourself" [Socrates, Greek philosopher 470 BC - 399 BC]

Who is it for? – it is suitable for those who have done their groundwork, gone deeper and know where they are on the Enneagram and who wish to go further.



What happens? – ...we will be expanding on the structure of the Enneagram and how that can help

us in our personal and professional lives. We will look at downstream and upstream practices for spiritual growth. Following that, will finish the day with the qualities of the Enneagram Soul Child and how our judgements relate to early childhood recognitions and patterns.

What kind of group? —... the group work includes working alone and with others to establish a greater understanding of the complex nature of the Enneagram.

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A little info about the facilitators:

Ros Borland worked in film production for many years, moving up the ranks from runner to producer. She is now a playwright and screenwriter who uses the Enneagram for her character development.

Robin Anker- Petersen has worked with the Enneagram since the 1980s, using it in pastoral work to understand and help people as well as teaching it in the context of our Enneagram community here at The Bield.

I am really looking forward to our days introducing and consolidating understanding of the Enneagram.

Booking information

Cost: £75

(Includes morning coffee, lunch and afternoon tea and all materials)

Please book through: lnfo@bieldatblackruthven.org.uk

or

01738 583 238

After booking, please pay cost in full.

Cheques & BACS are payable to: The Bield Christian Company Ltd Sort Code: 83-47-00 A/C 19903180

Please include surname as reference

Card payments can be made over the phone.

Extend your stay?

You might like to come to the Chapel at
9 am or 5 pm

You might like to stay the night before
or after the retreat

The Bield at Blackruthven Tibbermore Perth PH1 1PY

Tel: 01738 583 238

www.bieldatblackruthven.org.uk
Scottish Charity SC 027462





Advanced Enneagram



19th September 2025

10am - 4:00pm

FacilitatorsRobin Anker-Petersen & Ros Borland

Cost £65
Includes lunch and hot drinks