This Is an opportunity to enhance our connection with nature, with each other and with the core of one's being.

Who is it for?

This fun singing workshop is for anyone who loves to sing, even if they feel unsure about their vocal abilities. There is no need to be able to read music.



What to expect

As Nature once more adorns Herself with the flowers and greenery of the season, let us celebrate the coming of Spring with the uplifting singing of simple rounds, harmony songs and melodies for all.

Join us in a time of renewal as we relax with four days of fun singing a range of songs and chants and quieter times, too.

Interspersed among these sessions are guided meditations that complement the singing perfectly and keep us present and grounded. These will also be based around the theme of Spring and awakening.



There will be free time incorporated into the workshop which you may use to explore the beautiful grounds of The Bield, a perfect place for rest and relaxation, prayer and reflection.



Our Facilitator



Meri has led community choirs for thirteen years, including a singing group for people

with Parkinson's disease. She currently runs a community choir in Dairsie. Meri has a diploma in Music and a BA Humanities with Music (OU). She is a member of the Natural Voice Network as well as St Andrews Quaker Meeting and, as a vibrant and energetic facilitator, she can help those who think they can't sing to find their voice: her passion is to enable communities to harmonise.

Booking information

Cost: £425 (full board)

Please book through reception at:

Info@bieldatblackruthven.org.uk

or

01738 583 238

After booking, please pay cost in full.

Cheques & BACS are payable to:

The Bield Christian Company Ltd

Sort Code: 83-47-00

A/C 00100095

Please include surname as reference

Card payments can be made over the phone.

The Bield at Blackruthven
Tibbermore
Perth PH1 1PY

Tel: 01738 583 238

www.bieldatblackruthven.org.uk
Scottish Charity SC 027462





Renewing Ourselves in Sound and Silence



28th April – 1st May 2026 10:00 on Tuesday-16:00 on Friday

Facilitated by Meri Goad