



"If you stand still for a few minutes in the relentless onward rush of 21st century life you might hear a quiet but insistent undercurrent. It is the cry of our hearts for space and time just to be, to listen to the heartbeat of creation, to let our souls catch up. Quiet gardens offer just such longed-for oases of peace. They open up once more what all our busy-ness has buried – the precious gift of heart-time and soul-space."

Margaret Silf – patron of The Quiet Garden Movement

The Bield has been a member of **the Quiet Garden Movement** for 20 years, one of more than 300 Quiet Gardens across the world. We nurture access to outdoor spaces for prayer, reflection and creativity. We are blessed to have a wide variety of such spaces at the Bield. This year again, we will highlight the Quiet Garden Movement with seasonal programme days and will donate part of the income to the Quiet Garden Organisation.

Each **Quiet day** will begin with hot drinks and a tour round our delightful walled garden., Pamela Grossi will help you discover the gifts and surprises of the season. They will also be available later to answer any questions you may have about the garden.



A time of guided **meditation and reflection** will follow to consider how the Season speaks to our spirits .

For those who wish there will be a period of **silence** before lunch, time to further explore the garden and its impact on you.

Lunch consists of an attractive variety of salads and potatoes or soup with as much Blackruthven produce as possible.

In the afternoon you will have the opportunity **to work creatively** with what the season offers. Alternatively, you can spend this time exploring the riches of the art space or enjoy discovering more of the Bield gardens.



We will finish the day with a time of prayer in the Chapel and a hot drink with home-baking.

Booking information

Cost : £65

(Includes morning coffee, lunch and afternoon tea and all materials)

Please book through reception at:
Info@bieldatablackruthven.org.uk

or

01738 583 238

After booking, please pay cost in full.

Cheques & BACS are payable to:
The Bield Christian Company Ltd
Sort Code: 83-47-00
A/C 19903180

Please include surname as reference
Card payments can be made over the phone.

Extend your stay?

**You might like to come to the Chapel
at 9 am or 5 pm**

**You might like to stay the night before
or after the retreat.**

**The Bield at Blackruthven
Tibbermore
Perth PH1 1PY**

Tel: 01738 583 238

www.bieldatablackruthven.org.uk

Scottish Charity SC 027462



Seasonal Quiet Garden Days



**Winter
9th December 2025**

**10am – 4pm
Cost £65**

Facilitators :
Pamela Grossi and Marianne Anker-Petersen