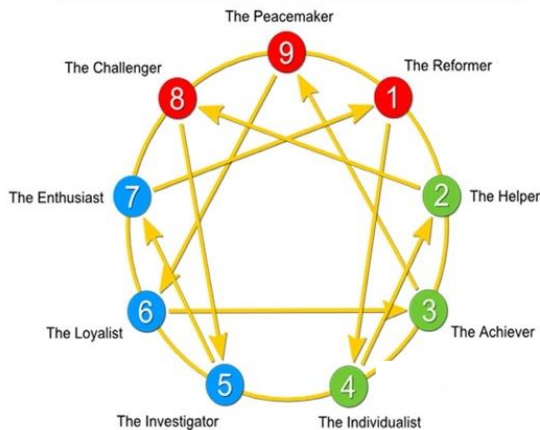




## Going Deeper with the Enneagram



*"To see ourselves as others see us is a most salutary gift."  
Wrote Aldous Huxley*

*"Hardly less important is the capacity to see others as they see themselves"*

### "Know yourself"

[Socrates, Greek philosopher 470 BC - 399 BC]

To know ourselves is a key to how we see the world and understand how we can relate to others. Based on ancient philosophic traditions, the Enneagram is a tool that describes nine different characters.

### About the workshop

**The Purpose** – of the workshop is to work within the context of personal growth. Having done the groundwork to discover which Enneagram type we feel best described by, in this next workshop we seek to go deeper and learn something of how we can use this information as a basis for our personal growth in self-knowledge and compassion with a view to become a better functioning person in everyday life, and a more compassionate one.

**Who is it for?** – it is suitable for those who have done their groundwork and so have an idea of where they see themselves on the Enneagram and who wish to go further.



**What happens?** – ...we will be expanding on the structure of the Enneagram and how that can help us in our personal and professional lives. We

will look at the journey from Generic Type to the Stress Type and ultimately to the Healthy Type. Following that, we will study the Sub-Types. And from the Christian perspective, we will look at the Enneagram and The Beatitudes. We will finish the day with Enneagram Transformation statements that can sustain you for the future.

**23<sup>rd</sup> March, 7<sup>th</sup> September & 2<sup>nd</sup> November 2024**

10am – 4:30pm  
(Same content both days)

### Facilitators

Robin Anker-Petersen & Ros Borland

**Cost £60**

Includes lunch and hot drinks

**What kind of group?** – ...the group work includes working alone and with others to establish a greater understanding of the complex nature of the Enneagram.



### A little info about the facilitators:

**Ros Borland** worked in film production for many years, moving up the ranks from runner to producer. She is now a playwright and screenwriter who uses the Enneagram for her character development.

**Robin Anker- Petersen** has worked with the Enneagram since the 1980s, using it in pastoral work to understand and help people as well as teaching it in the context of our Enneagram community here at The Bield. I am really looking forward to our days in 2024 introducing and consolidating understanding of the Enneagram.



The Bield at Blackruthven

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*[www.bieldatblackruthven.org.uk](http://www.bieldatblackruthven.org.uk)*



### Booking information

**Cost: £60**

(Includes morning coffee, lunch and afternoon tea and all materials)

Please book through Muriel at:  
[Info@bieldatblackruthven.org.uk](mailto:Info@bieldatblackruthven.org.uk)

or

01738 583 238

After booking, please pay cost in full.

Cheques & BACS are payable to:  
The Bield Christian Company Ltd  
Sort Code: 83-47-00  
A/C 00100095

Please include surname as reference  
Card payments can be made over the phone.

### Extend your stay?

**You might like to come to the Chapel at  
9 am or 5 pm  
You might like to stay the night before  
or after the retreat**